

Are You ???

- A person who has recently stopped driving or
- Thinking about stopping driving in the future
- Interested in learning about the options that exist after driving and how to access these
- 60 years or older
- Keen to participate in research around driving issues in the older population

If you answer yes to these questions then we would love to hear from you as potential participants in **UQDrive**.



UQDrive is the University of Queensland Driver Retirement Initiative



UQDrive

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Helping older people to prepare
for and participate in life after
driving



What is UQDrive?

The University of Queensland Driver Retirement Initiative (UQDrive) was developed based on the needs of current and retired drivers.

UQDrive is a 6 week group program that runs one morning per week and focuses on issues with regards to driving and life after driving. The groups include:



Finding out ways to stay active and involved in your community

Talking with other people who have stopped driving, or who are preparing to stop driving

Activities and outings

Light refreshments and social activities

Cost: There is no cost to you for this program.

Where: Groups will run in Brisbane and the South East region. Our aim is to place people in a group close to their home. Assistance with transport to and from the group can be provided.

When: Groups will commence again in February 2009.

Help: Groups are run by an occupational therapist who will assess your needs and provide any assistance required.

Research Participation

The groups are run as part of a research project run by The University of Queensland. This means that your participation would be assisting us to further examine the issue of driving in the older population.

This project is evaluating the UQDrive Program and is funded by the National Health and Medical Research Council.



What does participation involve?

We check to see if you meet our guidelines and then you are assigned to a group

We ask your participation in providing information regarding your health, lifestyle and driving before and after you attend the groups. This is done in person, via phone and or through the post.

Expression of Interest

- I am interested in participating in the UQDrive program about preparing for and participating in life after driving.
- I would like to receive more information about UQDrive.

Name: _____

Address: _____

Phone: _____

Preferred Method of Contact

Telephone: _____

Post: _____

Email: _____

Other: _____

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