World leading.
World focussed.
World class.

School of Sport, Exercise and Health Sciences

www.lboro.ac.uk/ssehs
Loughborough University’s School of Sport, Exercise and Health Sciences is renowned as an internationally recognised centre of excellence for the study of sport, exercise and health through the natural and social sciences.

Consistently highly rated in university league tables, the School is a leading provider of education and research in sport and exercise science, sport management, physical education, sociology of sport, human biology and psychology. The unrivalled breadth of our undergraduate courses, postgraduate programmes and research degrees attracts students from all over the world.

“I chose Loughborough for three reasons: the overall ranking as a University; the reputation of the School; and its tradition of sporting excellence.”

Luca Messina, Italy
BSc Sport Management student
Study with us
Be a front-runner

The School of Sport, Exercise and Health Sciences is a great place to study, boasting access to first-class facilities, a lively community of around 1500 students and 140 academic, research and support staff – plus all that Loughborough University’s outstanding campus has to offer. The expertise of our internationally-renowned academic staff informs teaching across all degree programmes, ensuring a high quality learning experience.

We offer varied options for study at undergraduate and postgraduate level:

**Undergraduate degree courses***
- Sport and Exercise Science
- Sport Management
- Sports Science with Management
- Human Biology
- Psychology

**Postgraduate degree courses**
- Sociology of Sport
- Sport Biomechanics
- Sport Coaching
- Sport and Exercise Nutrition
- Sport and Exercise Psychology
- Sport and Exercise Science
- Sport Management
- Human Biology
- Psychology
- Physical Activity and Public Health
- Exercise Physiology
- Physical Education (with qualified teacher status)

*All available as a 4-year sandwich course with placement year

**Degrees by research**
- PhDs can be completed in the following broad areas:
  - Behavioural Medicine
  - Biomedical Sciences
  - Social Sciences and Sport
  - Sport Science

www.lboro.ac.uk/ssehs
We welcome high calibre students from all over the world to come and study with us. In the School of Sport, Exercise and Health Sciences, international students represent an important part of our community that enriches the learning experience for all students.

Our varied degree programmes attract full-time students from Australia, Brunei, China, Ghana, Greece, Hong Kong, Hungary, India, Japan, Malaysia, Mexico, Norway, Singapore, South Korea, United Arab Emirates and many other countries.

We also offer Erasmus, International Exchange and Study Abroad opportunities, giving overseas students the chance to experience life and study in the UK as part of a leading university.

For more information about our exchange opportunities visit
www.lboro.ac.uk/departments/ssehs/international-students/study-links/

Visit our website to read testimonials from past and present international students across the programmes.
www.lboro.ac.uk/departments/ssehs/undergraduate/international/
Research from the School of Sport, Exercise and Health Sciences continues to have a far-reaching impact, advancing knowledge in behavioural medicine, biomedical sciences, sport science and social sciences and sport. The research reflects the global interests of our staff and is fuelled by extensive international collaboration.

Our research is multidisciplinary, drawing on the full spectrum of natural and social sciences, and is focused on issues of contemporary concern at international, national and local levels. We also engage in strong partnerships with leading schools, institutes and universities across the world in the research fields of sport, exercise, education, health and well-being.

The broad scope of our research has led to many developments, including (but not limited to): improved understanding of the benefits of physical exercise and the effects of sedentary lifestyles; academic support to enhance sport coaching; advice to international sport organisations and governments on policies and procedures; new methods of assessing and treating eating disorders; support enabling elite athletes (both able-bodied and disabled) to achieve their full potential.
With our proven ability to translate research into practice, we are ideally placed to develop successful links with industry partners and to create social, cultural and economic impact through knowledge exchange.

The School’s research, in collaboration with prominent scientists in Europe, America and Canada, has led, among other projects, to the launch of a DNA profiling service offering personalised health and fitness plans. Research from the School has also led to the development of an iPad software application that provides coaches and coach educators with real-time or post-event analysis of coaching behaviour to develop optimum performance environments.

The enterprise culture within the School and across the University ensures that entrepreneurial students are well supported at Loughborough. Many of our graduates have gone on to start their own successful businesses and credit Loughborough with giving them the drive, determination and key skills to pursue their goals.

For more information about enterprise in the School of Sport, Exercise and Health Sciences contact ssehs-res-ent@lboro.ac.uk

www.lboro.ac.uk/departments/ssehs/enterprise/
Based on the largest single-site green campus in the UK and centrally located just 90 minutes from London (by train), Loughborough University has a long history of welcoming international students.

One of the country’s leading universities, and highly regarded for teaching, research, enterprise and industry links, Loughborough has been named England’s Best Student Experience six years running by Times Higher Education, and scores highly in the National Student Survey and Postgraduate Taught Experience Survey.

The University is justly proud of its reputation for contribution to the world of sport and exercise. Nearly £40m has been invested in recent years to create the UK’s best sports environment – with an infrastructure that benefits both the elite athletes who train here and our students. The superb facilities and our unique sporting heritage made Loughborough the ideal choice for Team GB’s preparation camp in the 2012 Olympics.

In addition to the wealth of sports facilities, state-of-the-art laboratories and equipment, Loughborough is known for excellence in coaching and sport technology research, as well as being the home of SportPark – a £15m development that provides a base for many of the UK’s top sports governing bodies and national sports organisations.
Get in touch

For more information about undergraduate study contact:
+44 (0)1509 226330 or email: ug-ssehs@lboro.ac.uk

For more information about postgraduate study contact:
+44 (0)1509 226388 or email: pg-ssehs@lboro.ac.uk

For general enquiries please contact:
+44 (0)1509 226302 or email: ssehs-enquiries@lboro.ac.uk

School of Sport, Exercise and Health Sciences
Loughborough University
Loughborough
Leicestershire LE11 3TU

www.lboro.ac.uk/ssehs