

2024 Dual Program Study Planner

Bachelor of Human Movement and Nutrition Sciences / Bachelor of Arts



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

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Important Information

It is your responsibility to ensure that you complete all the requirements for each component of this dual program in order to graduate with both degrees. The following information is designed to help you plan your enrolment to meet this goal.

Selecting Plans in mySI-net

A plan is a prescribed combination of courses within a program being either a Major (16 units), Extended Major (24 units), or Minor (8 units) .

Ensure the plans for your program are correctly listed in [mySI-net](#). If you require assistance selecting your plan(s), follow these [instructions](#).

You may need to amend this study planner depending on the plan(s) that you have chosen to study.

Exiting Early

Students exiting early with one component of a dual program must complete the single program requirements of that component. Students will then be required to follow the single program requirements to complete the remaining component from that dual program.

Program Requirements

The Program Rules outline the requirements to complete the dual program and should be read in conjunction with the course list for each component of the dual program. Please refer to the [program and course requirements](#) for more information.

You must complete 64 units comprising:

Bachelor of Human Movement and Nutrition Sciences (BHMNSc) component:

- 32 units from the BHMNSs course list, comprising —
 - 32 units for all BHMNSc Core Courses.

Bachelor of Arts (BA) component:

- Complete **32 units** from either of the two options –
 - Option 1 – Two BA Majors (16 units each); OR
 - Option 2 – One BA Extended Major (24 units) and one BA Minor (8 units)

Please note: Due to course overlap with the BHMNSc component, a student cannot take a Minor or Major in Sports Studies in the BA component of the dual program.

Course Scheduling

This planner is intended as a guide only and is based on current scheduling of courses. Students should note that scheduling can change from year to year. You are advised to check the scheduling for the current year and contact the relevant Faculty for advice if course scheduling has changed.

Require Further Assistance?

If you require assistance planning your program or have concerns about meeting program requirements, contact the relevant Faculty for advice:

Program	Faculty	Contact Information
Bachelor of Human Movement and Nutrition Sciences	Faculty of HaBS	habs@uq.edu.au
	School of HMNS	hmns@enquire.uq.edu.au
Bachelor of Arts	Faculty of HASS	hass@uq.edu.au

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Semester 1 Commencement | Full Time Study Planner

BACHELOR OF HUMAN MOVEMENT AND NUTRITION SCIENCES				BACHELOR OF ARTS		
	Course Code	Course Name	Units	Course Code	Course Name	Units
Year 1	Semester 1	BIOM1050	Biology for Health Sciences	2		2
		BIOL1900	Biophysical Development, Measurement and Assessment	2		2
	Semester 2	ANAT1005	Anatomical Basis of Human Movement	2		2
		PHYL1007	Physiology for Human Movement Studies	2		2
Year 2	Semester 1	SPCG1000	Sports Coaching	2		2
		NUTR1023	Health & Fitness Through Diet and Exercise	2		2
	Semester 2	PSYC2000	Psychology of Sport and Exercise	2		2
		HPRM2000	Promoting health through physical activity, exercise and diet	2		
		HLTH1000	Professions, People and Healthcare	2		
Year 3	Semester 1	PHYL2730	Exercise Physiology	2		2
		NUTR2050	Contemporary Topics in Nutrition	2		2
	Semester 2	HMST3846	Research Skills	2		2
				2		2
	2				2	
Year 4	Semester 1	HMST1910	From Bradman to Freeman: Mythic Qualities of Australian Sport	2		2
		NUTR3000	Nutrition and Exercise	2		2
	Semester 2	HMST3191	Indigenous studies for sport, exercise, nutrition, and education	2		2
		HMST3103	Sport and Physical Activity Management	2		2
Total Units			32	Total Units		32

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Semester 2 Commencement | Full Time Study Planner

BACHELOR OF HUMAN MOVEMENT AND NUTRITION SCIENCES				BACHELOR OF ARTS			
	Course Code	Course Name	Units	Course Code	Course Name	Units	
Year 1 Semester 2	ANAT1005	Anatomical Basis of Human Movement	2			2	
	HLTH1000	Professions, People and Healthcare	2			2	
Year 2 Semester 1	BIOM1050	Biology for Health Sciences	2			2	
	BIOL1900	Biophysical Development, Measurement and Assessment	2			2	
	Semester 2	PHYL1007	Physiology for Human Movement Studies			2	
						2	
					2		
Year 3 Semester 1	SPCG1000	Sports Coaching	2			2	
	NUTR1023	Health & Fitness Through Diet and Exercise	2			2	
	Semester 2	HPRM2000	Promoting health through physical activity, exercise and diet	2			2
		PSYC2000	Psychology of Sport and Exercise	2			2
Year 4 Semester 1	NUTR2050	Contemporary Topics in Nutrition	2			2	
	HMST1910	From Bradman to Freeman: Mythic Qualities of Australian Sport	2				
	PHYL2730	Exercise Physiology	2				
	Semester 2	HMST3191	Indigenous studies for sport, exercise, nutrition, and education	2			2
		HMST3103	Sport and Physical Activity Management	2			2
Year 5 Semester 1	HMST3846	Research Skills	2			2	
	NUTR3000	Nutrition and Exercise	2			2	
Total Units			32	Total Units		32	